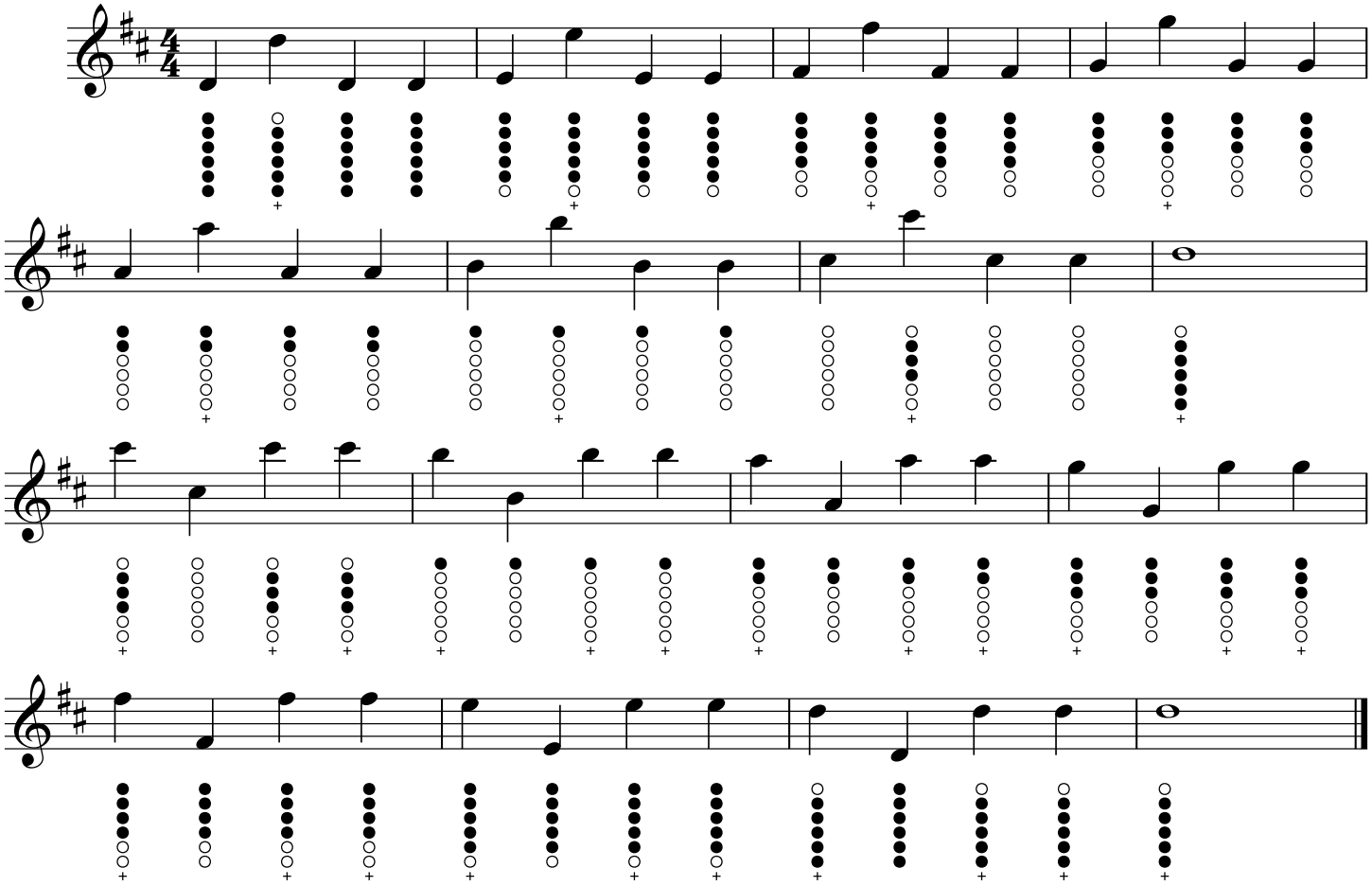Scale Exercise 33 for Low and High D Whistles: Octave Jumps and Ornamentation